

# Senior Event at KurthKiln

Monday 3 October 2016

The weather forecast was predicted cold, rain and wind, thus a few people cancelled. But the rain held off whilst the 14 Senior participants and two young children enjoyed walking along the Tomahawk Creek Track and the Thornton Track.



After the walk a cup of tea, cake and apples soon revived everyone, while listening to Aileen Thoms, Health Promotion Manager Kooweerup Regional Health Service, speak about 'Looking after yourself'. The Friends of Kurth Kiln thank Aileen for coming and giving the interesting and informative talk.



Some of the participants stayed after the talk, looking at the kiln, the gas producer display and the huts.



**The Friends of Kurth Kiln thank Aileen for joining in the walk and supporting the 2016 Senior activity.**