

Seniors Event at Kurth Kiln

5 October 2015

The sun shone when Aileen Thoms, Health Promotion Manager Kooweerup Regional Health Service, introduced Cr Graeme Moore (Deputy Mayor) of Cardinia Council, who welcomed the



participants and invited them to walk in picturesque Kurth Kiln.

Two walks were proposed. The short walk was along the Thornton Track where the walkers could read the six information boards telling the story of its environment.

The longer walk, in which all the participants joined, was along the Tomahawk Creek Track where we admired the many beautiful wild flowers along the way and listened to the babble of the creek over the rocks.



Cr Graeme Moore



After the walk we all enjoyed a nice cup of tea, delicious sandwiches, fruit cake and nice apples fresh from the orchard, organised by Glen, Jan and Bev.

Aileen had organised a guest speaker, Geoff Stokes, Victorian Active Senior award recipient in 2014. Geoff spoke about 'looking after yourself as an older person' and gave health and diet tips.



Geoff Stokes



Presenting Geoff Stokes with flowers and an 'E. E. Kurth and his work' book.

Simon Harrex, Active Places Officer Cardinia Shire Council, endorsed Geoff Stokes' sentiments, then Alfred, from the Friends of Kurth Kiln, related some history of Dr. Kurth, his Kiln and of Gas Producers.

We were delighted to welcome the three Cardinia Councillors, Cr Graeme Moore, Cr Brett Owen and Cr David Young at the event and Kelly Burdack, Positive Ageing Officer Cardinia Shire Council



Simon Harrex

The Friends of Kurth Kiln sincerely thank the Cardinia Shire Council for funding the Seniors Event. We thank Aileen Thoms and Simon Harrex for their effective involvement and all the participants who joined in the walk and talk activities.

Cr. Graeme Moore left us with the saying "Active is attractive"



Aileen Thoms and Cr David Young



Simon Harrex and Kelly Burdack